1  Listen to Jenny talking about her friends and then answer the questions.

How many years has Jenny been in a band?

*Jenny has been in a band for five years.*

**1** What kind of people does Jenny like most?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**2** What two things does Jenny do musically?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**3** What kind of music does the band make?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**4** Does Jenny write all the songs for the band?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**5** How many people are in Jenny’s band?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**6** Why do the band members stay friends?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**7** For Jenny, what is friendship about?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2 Read an article about Samuel’s life and then answer the questions.

|  |
| --- |
| **Moving to a new school**  Recently, my family has moved to a new city and I've started at a new school. It hasn't been easy to make new friends and sometimes I've felt very sad. I used  to stay in touch with Ian, my best friend at my old school, and so I didn’t feel too lonely because I could talk to Ian on the phone every day. Now, however, Ian has fallen out with me because he says that he hasn’t forgiven me for leaving and that we don't spend enough time doing things together. I've been so worried about him and I've tried to talk to him but he never answers his phone or the messages I send him. Then I heard that he has made a new best friend so I think I've been forgotten. I've tried really hard to hit it off with someone in my new school but I still haven't made a friend who wants to spend time doing things with me. A new term has just started and I've joined the tennis team because I've always enjoyed playing tennis, and I wonder if this will help me make new friends? |

What has changed in Samuel's life recently?

*Recently, Samuel has started at a new school.*

**1** Why does Samuel sometimes feel sad?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**2** Who is Ian?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**3** What did Samuel use to do every day so he didn't feel so lonely?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**4** Why has Ian fallen out with Samuel?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**5** Why does Samuel feel forgotten?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**6** When did Samuel join the tennis team?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**7** What were the two reasons why Samuel joined the tennis team?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

3 Use the words to write sentences. Use the present perfect.

I / never / buy / flowers

*I have never bought flowers.*

**1** She / just / take / her dog for a walk.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**2** you / ever / train / with a team?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**3** How often / they / make / dinner?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**4** We / already / win the race.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**5** I / just / arrange / to go out.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**6** they / bring / a cake for the party?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**7** Who / finish / the test?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

4 Complete the sentences. Use *for* or *since*.

Tom has swum *since* he was five.

**1** My sister has been mad about hockey \_\_\_\_\_\_\_\_\_\_ a long time.

**2** They have painted pictures \_\_\_\_\_\_\_\_\_\_ many years.

**3** We have picked oranges \_\_\_\_\_\_\_\_\_\_ 10 o' clock.

**4** My mother hasn't lived in that house \_\_\_\_\_\_\_\_\_\_ last year.

**5** Jane has been listening to the band’s music \_\_\_\_\_\_\_\_ a few years.

**6** I have been nervous \_\_\_\_\_\_\_\_\_\_ I met you.

**7** You haven't looked at your phone \_\_\_\_\_\_\_ two hours.

5 Complete the sentences with the past simple or present perfect. Choose from these verbs.

|  |
| --- |
| send clean invite become  ~~go~~ smile reply check |

I *have gone* to many music concerts.

**1** I \_\_\_\_\_\_\_\_\_\_\_\_ to her email already so don't worry!

**2** Jack \_\_\_\_\_\_\_\_\_\_ his room so it looks amazing.

**3** We \_\_\_\_\_\_\_\_\_\_\_ good swimmers because we train every day.

**4** Mary \_\_\_\_\_\_\_\_\_\_\_\_\_ at him nicely and he was happy.

**5** They \_\_\_\_\_\_\_\_\_\_\_\_\_\_ the post box yesterday but there was still no letter.

**6** I \_\_\_\_\_\_\_\_\_\_\_\_ pink flowers to her last year but she didn't like them.

**7** She \_\_\_\_\_\_\_\_\_\_\_\_\_\_ quite a few friends to the party so far.

6 Complete the text. Choose from the words in the box. A word may be used more than once.

|  |
| --- |
| myself himself yourself herself ourselves yourselves themselves |

Welcome everybody - help **0** yourselves to food. I would like to introduce **1** \_\_\_\_\_\_\_\_\_\_\_. I used to be a doctor, so I know all about sports injuries and treatments. Most people take care of **2** \_\_\_\_\_\_\_\_\_ when they play sport. You are much more likely to enjoy **3** \_\_\_\_\_\_\_\_ if you do. However, accidents can happen. Today, we are going to discuss how relaxation can help you heal. First, my friend, Anna, will tell you how she hurt **4** \_\_\_\_\_\_\_\_ and how relaxation helped her. Then Rob will talk about how he helped **5** \_\_\_\_\_\_\_ after a bad accident. It is up to us to help **6** \_\_\_\_\_\_\_\_ and this is one way we can. I, **7** \_\_\_\_\_\_\_\_, have used relaxation treatment and it works!

7 Choose the correct alternative to complete the dialogue.

**Jane** I was at Nick's party last night. 0 *Were* / *~~Was~~* you there too?

**Jill** No, I **1** *didn't* / *wasn't*.

**Jane** Maria came with a new boyfriend.

**Jill 2** *Did* / *Has* she?

**Jane** Yes. His name is Jack.

**Jill** Tom **3** *won't* / *will* be pleased as he still wants to be her boyfriend**.**

**Jane** I **4** *'ll* / *won't* call him.

**Jill 5** Aren't / Are you two good friends?

**Jane** We are good friends and **6** it's / it isn't good to be there for afriend.

**Jill** Of course. I hope I **7** *will* / *won't*see you tomorrow to catch up more.

8 Match sentences 1–7 with responses A–H.

|  |  |
| --- | --- |
| I won the lottery!  **1** Wow! Everyone’s  here!  **2** Got to go!  **3** I went to Mary’s  party.  **4** My grandfather ran  five marathons this  year.  **5** Hello. Great to see  you.  **6** What time is the test?  **7** Don’t tell anyone. | **A** How’re things?  **B** I’ve got no idea.  **C** What? At his  age!  **D** I can keep a  secret.  **E** Surprise!  **F** What was it like?  **G** See you later.  **H** You’re kidding! |